

Springfield Clinic Hillsboro

Community Resource Guide



Leading the Way

Community Resource Guide

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Alcohol/Substance Abuse Information:

AA Meetings:

Sunday	9:00 am	Continuing Recovery Center	Irving
	7:30 pm	Zion Lutheran School (closed**)	Staunton
Monday	10:00 am	Methodist Church, 4th street	Vandalia
	7:30 pm	Zion Lutheran Church (closed**)	Litchfield
	8:00 pm	Episcopal Church (closed**) 415 D. Broad	Carlinville
	8:00 pm	Senior Citizen's Center	Greenville
Tuesday	9:00 am	CRC	Irving
	7:00 pm	Bloom's Water (closed**)	Harvel
	7:00 pm	Episcopal Church (closed**) 415 S. Broad	Carlinville
	8:00 pm	Kraigher's General Store (closed**)	New Douglas
	8:00 pm	St. Agnes Church (closed**)	Hillsboro
Thursday	9:00 am	CRC	Irving
	7:00 pm	Graham Prison (clearance required)	Hillsboro
	8:00 pm	Baptist Church (closed**) 608 Van Buren	Litchfield
Friday	7:00 pm	CRC	Irving
	8:00 pm	Library, upstairs (closed**)	Gillespie
Saturday	noon	Episcopal Church 415 S. Broad	Carlinville
	8:00 pm	Library, upstairs (closed**)	Gillespie

*** Closed meetings are only for those who qualify for AA membership, those who have the desire to quit drinking.*

Narcotics Anonymous Meetings:

Sunday	6:00 pm	CRC	Irving
	8:00 pm	Fayette County Hospital	Vandalia
Monday	9:00 am	CR	Irving
Tuesday	7:30 pm	325 North Madison	Litchfield
	8:00 pm	First Presbyterian Church 1221 W. Fillmore	Vandalia
Wednesday	9:00 am	CRC	Irving
	8:00 pm	Senior Citizen Center 305 S. 3rd	Greenville
Friday	9:00 am	CRC	Irving
Saturday	4:00 pm	W.I.T.T. We Are In This Together Witt United Methodist Church 213 N. 2nd	Witt

Substance Abuse Centers

Continuing Recovery Center

202 W. Central, P.O. Box 130

Irving, IL 62051

217.533.4441

www.continuingrecoverycenter.samsbiz.com

Gateway Centers

600 W. Lincoln

Caseyville, IL 62232

618.345.3970

Services: Adult residential, day treatment and aftercare programs

www.recovergateway.org

New Vision

Shelby Memorial Hospital

Shelbyville, IL 62565

217.774.6436

Services: Emergency medical stabilization for adults with drug and alcohol issues

www.newvision-shelbyville.com

Triangle Center

11th and Jefferson

Springfield, IL 62703

217.544.9858

Services: Inpatient and outpatient chemical dependency programs for adults

www.trianglecenter.org

Vantage Point

Route 37 North

Mount Vernon, IL

Intake 618.242.1546, Hotline 618.242.1512

Services: Residential, short term treatment (30 days or less) and outpatient drug and alcohol rehab

www.drugrehabmountvernon.com

Cancer Patient Services

American Cancer Society

675 Linton Ave

Springfield, IL 62703

800.ACS.2345

Fax 217.546.7631

Services: Reach to Recovery (volunteers to provide transportation to and from treatments), Cancer Survivors support groups, information referral lines, wigs
www.illinoiscancerhelp.org

Illinois Breast and Cervical Cancer Screening Program

Montgomery County Health Department

11191 IL Rte. 185, Hillsboro, IL 62049

217.532.2001 ext. 209

Memorial Medical Center

Regional Cancer Center

701 N. 1st Street, Springfield, IL 62781

217.757.7370 Rhonda Roles, RN Cancer Patient Navigator

www.memorialmedical.com

Montgomery County Cancer Association

19 Circle Drive, Litchfield, IL 62056

217.324.2922

Fax 217.324.6869

Services: Limited assistance grants for cancer patients, scholarships to those seeking to advanced education after high school, Celebration of Life program
www.mccaweb.com

Rides for Cancer Patients

Through Montgomery County Cancer Association

Contact: Trina Brinton 217.827.1890

St. Johns Hospital

800 E. Carpenter, Springfield, IL 62769

217.525.5666, 800.524.0575

www.st-johns.org

Siteman Cancer Center: Barnes Jewish Hospital

Washington University School of Medicine

660 S. Euclid Ave, St. Louis, MO 63110

800.600.3606

Services: Comprehensive cancer evaluation, physician referral, protocols
www.siteman.wustl.edu

Children Services

Big Brothers/Big Sisters

P.O. Box 303

Litchfield, IL 62056

217.839.3436 or 217.556.6120

Services: One to One mentoring service for children ages 5-13. Child must live in Montgomery County/School Districts. Parent/guardian must complete enrollment process for this free service.

www.bbbscapitalregion.org



Child Welfare Services

1022 N. Broad

Carlinville, IL 62626

217.854.2566

Services: Information about foster care and related services

Child Abuse and Neglect Investigations/DCFS

800.252.2873

www.state.il.us/dcfs

Child and Family Connections/ARC Community Support System

2502 S. Veterans Dr

Effingham, IL 62401

217.347.5601 , 888.459.KIDS

Fax 217.347.5119

Services: Early Intervention for birth to three years. State wide system to ensure that all children under the age of three, who are identified as having a possible developmental delay or have a diagnosed disability, are referred to determine eligibility for Early Intervention Services.

www.cccconnect.org

Learning Express/Christian Montgomery Regional Office of Education

#1 Courthouse Square

Hillsboro, IL 62049

217.532.9604

Fax 217.532.9623

Services Developmental screening for enrolled children birth to age three; home visits to families needing individualized support by providing parent education, child development information and parent.child together activities. Case management, literacy activities, parent skills. Fee based on income.

www.montgomery.k12.il.us

Community Child Care Connection

1004 N. Milton

Springfield, IL 62702

217.525.2805

Services: A child care resource and referral agency. Educate and assist presents in locating child in the area.

www.ccccconnect.org

Illinois School for the Deaf

125 Webster

Jacksonville, IL 62650

217.245.5141

Services: Residential school for the hearing impaired, ages 0.21 years

Illinois School for the Visually Impaired

658 East State Street

Jacksonville, IL 62650

217.245.4101

Services: Provides comprehensive learning experiences for the visually impaired child, ages 5-21 years. A program for deaf/blind children is offered. The school provides diagnostic services and a special curriculum for multi-handicapped blind children.

Lion's Club

P.O. Box 43

Hillsboro, IL 62049

217.532.3297

Services: Glasses and hearing aids for children

Community Resources

CEFS Montgomery County

8353 S. IL Rte. 127

Taylor Springs, IL 62089

217.532.5971

Fax 217.532.2367

Services:

1. Public Transportation: age 60 and over, donation basis. Under age 60 \$2 per one-way trip within 10 miles, \$3 one way trip 11-25 miles, \$4 one-way trip within 26-50 miles. Special trips at additional costs. All vehicles handicap accessible.
2. Anyone needing food that has run out of food stamps or has used all their money and has no money left to purchase food. Pays for first month's rent if they are homeless and have no income. They must find their own place to rent, and then be able to afford to pay rent the following month.
3. Nutritious meals for seniors at a reduced rate. Service Monday through Friday at 11:30am. \$2 suggested donation, no one denied due to lack of donation. Located in the Montgomery County Senior Center
4. Provide comprehensive child development program for pre-school children age 3-4 years for low income families.
5. Assist home buyers in securing financing and selecting the property. After property is acquired, provide home funds for the rehabilitation of the property in order to bring the dwelling up to the Section 8 housing quarterly standards.
6. Assist residents of South Central Illinois in meeting housing needs and solving their housing problems. Low and moderate income households receive priority assistance.
7. Provides for repairs on homeowner occupied home to low income home owners.
8. Comprehensive counseling to assist homeless with transition to permanent housing
9. Provides help with winter heating bills. One time payment. Normal eligibility is 125% of the poverty guidelines.
10. One on one tutoring, including English as a second language, work place literacy, computer learning centers, family literacy and literacy in county jails
11. Provides meals for shut.ins in the Hillsboro Area. Available to any senior or handicapped person in the Hillsboro Area. \$1-5 per meal payable to the Hillsboro Nursing and Rehabilitation Center. Available Monday through Friday at noon meal.
12. Helps seniors with insurance and Medicare Problems, filling out forms

13. Provides attic, sidewall and/or floor insulation, proper venting for attics and crawl spaces, caulking, weather stripping, broken glass replacement. Available to homeowners and renters who meet the income guidelines

14. For those low income seniors over age 65 or low income individuals at least 16 years on total disability. Assistance filling out forms.

Fees: most at no charge, check web site

www.cefseoc.org

Central Illinois Public Transit

800.289.5289

Provides door to door demand response service requiring advance reservation and is open to all ages Fleet is lift equipped.

Monday-Friday 8:30 a.m. – 4:30 p.m.

Cost varies. Call for schedule.

Education/Adult Literacy/GED/English as second language Lincolnland Community College

102 N. Main Street

Hillsboro, IL 62049

800.666.8325

www.llcc.edu

FAYCO

2112 Schram Ave

Hillsboro, IL 62049

217.532.9250

Services: Employment placement, day training and residential services for adults with disabilities

www.fayco.org

Prescription Assistance Programs

Catholic Charities Assistance Program

525 West Second South

Carlinville, IL 62626

217.854.4511

Fax 217.854.8049

www.cc.dio.org

Rx for Illinois: A Partnership for Prescription Assistance

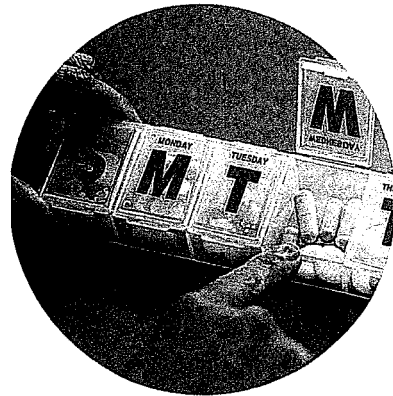
877.793.6745

www.rxforillinois.org

Wal.Mart

\$4 prescription plan

www.walmart.com



Food Pantries/Assistance Programs

Montgomery County

CEFS Food Pantry: 2 locations open to residents of Montgomery County

Taylor Springs CEFS office S. Rte. 127
Hours: 9 – 11 am and 1 – 4 pm Monday
through Friday
Contact: Jackie Johnson 217.532.5971



Litchfield South Township building
Contact: Brenda Decker 217.324.2367
Hours: 9 – 11 am and 1 – 4 pm Monday through Friday

Coffeen Food Pantry: United Methodist Church, 300 W. Main
Hours: 3rd Saturday of the month 8:30 a.m. – 10:30 a.m.
Contact: Bev Howard 217.532.6183
Eligibility: Residents of Coffeen Fire Protection District

Litchfield Food Pantry: 102 S. Montgomery St (3 blocks south of Union)
Hours: Tuesday and Thursday except holidays 1 p.m. – 2:30 p.m.
Contact: Cal & Alice Weber 217.324.2082 or Dorothy Ernst 217.324.4264
Eligibility: Litchfield School District resident

Nokomis Food Pantry: 302 E. State Street, Nokomis, IL 62075
(Telephone office building on State Street Across From Dairy Queen)
Hours: 4th Wednesday of the month noon – 3 pm
Contact: Doris O'Malley, Director 217.563.7505 or Jean Compton 217.563.2443
Eligibility: Must reside in Nokomis School District

Panhandle Food Pantry (Farmersville, Harvel, Raymond & Waggoner)
Rte. 48 one block from Broad Street across from Brian's Auto
Hours: 8:45 a.m. – 10:45 a.m. every Saturday
Phone: 217.229.3074 (Pleasant Hill Church)
Eligibility: Must live in Panhandle School District

Salvation Army Food Pantry (Montgomery County)
237 South Main St., Hillsboro, IL 62049
217.532.5059
Hours: Tuesday – Friday (9.5), Saturday (9.4)
Eligibility: Live in service area, have ID card, proof of residency or a referral

Witt Food Pantry
5 West Park, Witt, IL
Cornerstone Christian Fellowship
Hours: 3rd Thursday of the month, 10 a.m. – 11 a.m.
Contact: Jay & Becki Martin 217.594.2455 (leave a message)
Eligibility: Witt Area

Other Assistance Programs

Hearts United Program

110 North Jackson,
Litchfield, IL 62056
217.324.2876

Fax 217.324.2878

A non-profit organization consisting of Christians helping people to a fuller life by providing direct assistance and education. It also serves as a clearing house for goods and services without discrimination. Used clothing and household goods.

Salvation Army Program

Thrift Store: 237 S. Main St.
Hillsboro, IL 62049

Telephone 217.532.5059

Fax 217.532.5059 (call first in order to fax)

Family Store: 1403 W. Ferdon
Litchfield, IL 62056
217.324.7922

Emergency clothing and household items (must call first). We usually ask for referral from Dept. of Human Services. Eligibility for Services: Must live in service area of Hillsboro, Butler, Coffeen, Donnellson, Fillmore, Irving, Panama, Schram City and Taylor Springs

Illinois Dept. of Human Services Montgomery Co.

Food Stamps, Medical Assistance

210 E Fairground
Hillsboro, IL 62049
217.532.3957

Fax 217.532.5895

Contact Person: Lorna Jones

Illinois Department of Employment Security

11006 Airport Trail P.O. Box 329
Litchfield, IL 62056
217.324.2138

Fax 217.324.2793

www.ides.state.il.us

Programs: Unemployment insurance benefits, labor market information, Fidelity Bonding Program, Work Opportunity tax credit, Illinois Skills Match, job search workshop, veteran employment services and counseling, formerly incarcerated, Hire the Future Youth Program for ages 16-20

Land of Lincoln Legal Assistance Foundation, Inc.

413 E. Broadway

Alton, IL 62002

877.342.7891

618.462.0029 for domestic violence and current clients only

Fax 618.463.1101

www.lollaf.org

Services: Providing advice and representation in civil cases, those having problems with governmental benefits and health, family, housing, public housing, consumer, education, utilities and rights of the disabled. Free legal advice and representation to individuals who are being evicted from public or other federally assisted housing or private housing. Free legal advice and representation to individuals who face imminent disconnection or who are without utility service.

Eligibility for Services: Legal assistance is available for those at or below 200% of the poverty level.

Montgomery County Extension Office:

#1 Industrial Park Dr.

(North of Route 16 on the edge of Schram City)

Hillsboro, IL 62049

217.532.3941

Fax 217.532.3944

Educators provide training and expertise in a variety of areas such as agriculture, economic development, agricultural literacy, family nutrition, natural resources and gardening. In addition, the 4-H program reaches out to the youth in Montgomery County through club work and community service. University of Illinois Extension provides educational programs and unbiased research-based information to help Illinois residents improve their quality of life, develop skills, and solve problems by "helping you put knowledge to work."

Montgomery County Housing Authority

PO Box 591 216 Shelbyville Road, Hillsboro, IL 62049

217.532.3672 x 25

Fax 217.532.3625

Low income public housing units in Hillsboro, Litchfield, Taylor Springs, Coffeen, Nokomis, Witt and Raymond. Liberty Subdivision, Hillsboro (tax credit program), Freedom Place Homes

Health Departments

Montgomery County Health Department

www.montgomeryco.com/health

Main Office:
11191 IL Route 185, P.O. Box 128
Hillsboro, IL 62049
217.532.2001

Litchfield Office
317 W. Union
Litchfield, IL 62056
217.324.3430

Services: Services for the elderly, WIC, counseling, substance abuse, public health nursing, TB clinic/infectious diseases, Illinois Breast and Cervical Cancer Screening Program

Macoupin County Health Department

100 N. Side Square
Carlinville, IL 62626
217.854.3166
www.mcphd.net

Bond County Health Department

1520 South 4th Street
Greenville, IL 62246
618.664.1442
Fax 618.664.1744
Monday – Friday, 8:30 a.m. - 4:00 p.m.
www.bchd.us

Christian County Health Department

902 W. Springfield Rd
Taylorville, IL 62568
217.824.4113
www.christiancountyhealth.net

Fayette County Health Department

416 W. Edwards
Vandalia, IL 62471
618.283.1044
www.fayettehealthdept.org

Illinois Hotlines

- AIDS/HIV Hotline: 800.243.2437
- Child Abuse Hotline: 800.252.2873
- Consumer Fraud: Springfield Area
800.243.0618
- Crime Victims Assistance: 800.228.3368
- Daycare Information: 877.746.0829
- Elder Abuse Hotline: 866.800.1409
- Illinois Adoption Registry: 877.323.5299
- Illinois Tobacco Quitline: 866.784.8937
- Missing Child Helpline: 866.503.0184
- Poison Control Hotline: 800.222.1222
- Senior Citizens Consumer Fraud: 800.243.5377
- Suicide Crisis Hotline: 888.324.5202
- Women's Health Helpline: 888.522.1282



Durable Medical Equipment Companies

American Home Patient

2908 Old Rochester Rd.
Springfield, IL 62073
800.729.1525, Fax 217.753.1528

American Medical

218 E. Jackson St, P.O. Box 446
Virden, IL 62690
217.965.3734, Fax 217.965.3371

Apria Healthcare

775 Linton Ave
Springfield, IL 62703
217.789.0461, Fax 217.522.0967

Bandy's

730 W. Orchard
Vandalia, IL 62471
618.548.3784

Byram Healthcare

3010 Woodcreek Dr., Suite A
Downers Grove, IL 60515
Disposable Equipment and supplies
800.681.1395, Fax 1.800.521.6291

Care Medical Supplies

6500 W. Main, Suite 38
Belleville, IL 62223
877.277.0699, Fax 618.398.3815

Family Care Medical

1008 Broadway
Highland, IL 62249
800.627.2324, Fax 618.654.1375, after-hours 618.973.8656

Hooks

3108 Great Northern
Springfield, IL 62711
217.726.8546, 800.875.2418, Fax 217.726.9043

John's Medical Pharmacy

300 S. Main
Hillsboro, IL 62049
217.532.5060, 800.500.5646, Fax 217.532.5003

Medicine Shoppe

801 W. Union Ave
Litchfield, IL 62056
217.324.6541, 800.526.7199, Fax 217.324.6640

Memorial Home Services

644 N. 2nd St
Springfield, IL 62702
217.788.4663, 800.582.8667, Fax 217.788.5580

Quad County Medical

1 Huber St.
Pana, IL 62557
217.562.6362, Fax 217.562.6282,

St. Anthony's Medical

2600 State St.
Alton, IL 62002
618.466.5632, 800.642.5882, Fax 618.466.4642

Sullivan's Home Health

311 Berry St
Hillsboro, IL 62049
217.532.6366, 800.365.9684, Fax 217.532.3106

Sullivan's Home Health

117 W. Spruce
Gillespie, IL 62033
217.839.3228, 800.252.6434, Fax 217.839.2282

Vono Medical Supplies

400 N. 1st St.
Springfield, IL 62702
800.559.3211, Fax 217.757.9065

Walgreens

1202 W. Union
Litchfield, IL 62056
217.324.7670, Fax 217.324.7676



913 W. Union
Litchfield, IL 62056
217.324.5234, 800.990.8666

Home Health Agencies

Addus

160 E. Main, Suite 301, Decatur, IL 62523
217.423.9860, 800.792.0520, Fax 217.423.9830
www.addus.com

Alterna.Care

500 W. Union Suite C, Litchfield, IL 62056
217.525.3733, 800.879.0122, Fax 217.525.3739
www.alterna-care.com

BJC Home Care

3535 College Ave, Alton, IL 62002
618.463.7541, 800.916.7541, Fax 618.463.7766
www.bjchomecare.org

Bond County Health Department

503 S. Prairie, Greenville, IL 62246
800.272.9159, 618.664.5020, Fax 618.664.9682
www.bchd.us

Fayette County Health Department

120 N. 5th, Vandalia, IL 62471
800.303.2141, 618.283.7262, Fax 618.283.5039
After hours. 618.463.2404
www.fayettehealthdept.org

Lincolnland

700 Broadway, Mattoon, IL 61938
800.879.3212, 217.234.4418, Fax 217.345.1098

Memorial Home Services

644 N. 2nd St, Springfield, IL 62702
800.342.4862, 217.788.4663, Fax 217.788.5557
www.memorialhomeservices.com

Quad County

433 S. Main, Hillsboro, IL 62049
217.532.2560, Fax 217.562.6282

SSM Home Care

1049 W Broadway, Centralia, IL 62801
800.265.0100, 618.533.7886, Fax 618.533.6874
www.ssmhc.com

VNA.TIP

200 N. Center, Alton, IL
800.642.6099
www.vnatip.com



Private Duty Home Service Agencies

Services provided may include sitter services, housekeeping, laundry, personal care/bathing, cooking, transportation/errands, etc.

Aaron Home Nursing

500 W. Union, Suite C, Litchfield, IL 62056

800.879.0122, 217.525.3733

24 hour care; CNA's; minimum 2 hours

Addus Healthcare

55 Carlinville Plaza, Carlinville, IL 62626

217.854.4471, 888.802.7073

Minimum 1 hour; 24 hour care not available

Community Care Systems, Inc.

1015 E. Madison St., Springfield, IL

217.522.2273, 800.578.0803

Minimum 2 hours; no 24 hour care available

Complete Care Systems

612 W. Kirkham, Litchfield, IL 62056

217.324.2414, 800.443.2854

Minimum 2 hours; 24 hour care available

Hands Across Illinois

P.O. Box 103, Pana, IL 62557

217.562.7119

Minimum 8 hours; 24 hour care available

Help At Home

1867 Sangamon Ave, Springfield, IL 62702

217.753.0211, 877.699.7952

Minimum 2 hours; 24 hour care available

Home Instead

124 W. Pearl, Jerseyville, IL 62052

618.639.2273, 888.436.2273

Minimum 3 hours; 24 hour care available

Loving Home Services

P.O. Box 198, Tower Hill, IL 62571

217.567.3420

Minimum 8 hours; 24 hour care available

Morning Star

705 S. Moreland Rd, Bethalto, IL 62010

618.377.1896

Minimum 8 hours; 24 hour care available

Sunrise Care Givers, LLC

105 Harris Ave, Greenville, IL 62246

618.664.2910

www.vnatip.com

Minimum 4 hours; 24 hour care available

Hospice Agencies

Alterna.Care

500 W. Union, Litchfield, IL 62056
217.525.3733, 800.879.0122
Fax 217.525.3739
www.alterna-care.com

Bond County Health Department

503 S. Prairie
Greenville, IL 62246,
618.664.5020, 800.272.9159
Fax 618.283.5039
www.bchd.us

Fayette County Health Department

120 N. 5th, Vandalia, IL 62471
618.283.7262 , 800.303.2141
Fax 618.283.5039
www.fayettehealthdept.org

Lincolnland

700 Broadway, Mattoon, IL 61938
217.234.4418, 800.879.3212
Fax 217.345.1098
www.sarahbush.org

Memorial Home Services

644 N. 2nd, Springfield, IL 62702
217.788.4663, 800.342.4862
Fax 217.788.5557
[www.,memorialhomeservices.com](http://www.memorialhomeservices.com)

Quad County

433 S. Main, Hillsboro, IL 62049
217.532.2560
Fax 217.562.6282

SSM Home Care

1049 W Broadway, Centralia, IL 62801
618.533.7886, 800.265.0100
Fax 618.533.6874
www.ssmhc.com

VNA.TIP

200 N. Center, Alton, IL 62002
618.533.2781, 800.642.6099
Fax 888.229.8388
www.vnatip.com

Hospitals

Hillsboro Area Hospital:

1200 E. Tremont
Hillsboro, IL 62049
217.532.6111

www.hillsboroareahospital.org

Physical Therapy (Teamwork Rehab): 217.532.4160

Radiology Testing: 217.532.4196

Laboratory Testing: 217.532.4162

Sleep Studies: 217.532.4176

Surgery: 217.532.4152

Tremont Ridge Assisted Living: 217.532.2733

Discharge Planning: 217.532.4210

Respiratory Therapy: 217.532.4175

Dietician Services: 217.532.4170

Emergency Department: 217.532.4199

Admitting: 217.532.4155

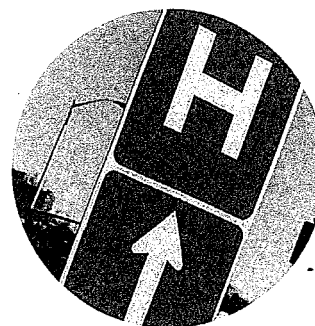
Medical Records: 217.532.4463

Administration: 217.532.4187

Diamond Club/Lifeline: 217.532.4170

Ambulatory Services: 217.532.4167, fax 217.532.4453

- Blood/blood product transfusion, central line maintenance, blood draws
- Injections (neupogen, neulasta, Procrit)
- IV therapy: outpatient antibiotics, reconstituted, infused, hydration
- Cardiac stress testing
- Pre and post-operative care of same day surgery patients



Barnes Jewish Medical Center/Washington University

One Barnes Jewish Hospital Plaza, St. Louis, MO 63110
866.867.3627, www.barnesjewish.org

Children's Hospital

One Children's Place, St. Louis, MO 63110
800.678.4357, www.stlouischildrens.org

Greenville Regional Hospital

200 Healthcare Drive, Greenville, IL 62246
618.664.1230, www.greenvilleregionalhospital.com

St. Francis Hospital

1215 Franciscan Way, Litchfield, IL 62056
217.324.2191, www.stfrancis-litchfield.org

St. John's Hospital

800 E. Carpenter, Springfield, IL 62769
217.544.6464, www.st-johns.org

Memorial Medical Center

701 N. 1st Street, Springfield, IL
217.788.3000, www.memorialmedical.com

Mental Health Providers

Catholic Charities

525 W. 2nd South, Carlinville, IL 62626

217.854.4511

Professional counseling solutions providing individual, marital and family counseling

cc.dio.org

Tom Frydenger

20548 Timbered Estates Lane, Carlinville, IL 62626

217.854.9787

Private LCPC counselor offering individual and marital counseling

Illinois Doc Assist

866.986.2778

Information hotline to help providers find services for children with mental health or substance abuse problems.

Lincoln Prairie Behavioral Health Center

5230 S. 6th Street, Springfield, IL 62703

217.585.1180

An 80 patient inpatient psych facility for youth ages 3-17. Partial hospitalization and intensive outpatient programs.

www.lincolnpairiebhc.com

Locust Street Resource Center. Formerly Macoupin County Mental Health

320 S. Locust Street, Carlinville, IL 62626

217.854.4706

Mental health counseling and substance abuse treatment

Miller and Associates

209 N. East Street, Carlinville, IL 62626

217.854.6068

Private individual, marital and family counseling

Montgomery County Mental Health

11191 IL Route 185, Hillsboro, IL 62049

217.532.2001

Individual, child, adult and family counseling services.

www.montgomeryco.com

Senior Renewal: Fayette County Hospital

802 N. Eighth Street, Vandalia, IL 62471

618.283.1731

Suicide Crisis Hotline: Montgomery County Illinois

888.324.5052

White Oaks Senior Wellness

200 Healthcare Drive, Greenville, IL 62246

618.664.2252

Mental health service designed specifically for senior citizens.

Skilled Nursing Facilities:

MONTGOMERY COUNTY:

Hillsboro:

Hillsboro Nursing and Rehabilitation Center
1300 East Tremont St
Hillsboro, IL 62049
217.532.6191

Montgomery Nursing and Rehabilitation Center
South Route 127, PO Box 309
Hillsboro, IL 62049
217.532.6126

Litchfield:

Heritage Manor
628 South Illinois St
Litchfield, IL 62056
217.324.2153

Nokomis:

Nokomis Nursing and Rehabilitation Center
505 Stevens St
Nokomis, IL 62075
217.563.7725

OUTSIDE MONTGOMERY COUNTY:

Carlinville:

Carlinville Rehab and Healthcare Center
751 N. Oak St
Carlinville, IL 62626
217.854.2511

Heritage Manor of Carlinville
1200 University Ave
Carlinville, IL 62626
217.854.4433

Gillespie:

Heritage Manor of Gillespie
7588 Staunton Rd
Gillespie, IL 62033
217.829.2171

Greenville:

Cardinal Hill Healthcare
400 E. Hillview Ave
Greenville, IL 62246
618.664.1622

Fair Oaks
200 Healthcare Dr.
Greenville, IL 62246
618.664.1230

Pana:

Heritage Manor of Pana
1000 E. 6th St. Rd
Pana, IL 62557
217.562.2174

Prairie Rose Healthcare Center
900 S. Chestnut
Pana, IL 62557
217.562.3996

Staunton:

Heritage Manor of Staunton
215 W. Pennsylvania Ave.
Staunton, IL 62088
618.635.5577

Taylorville:

Meadow Manor
800 McAdam Dr.
Taylorville, IL 62568
217.824.2277

Taylorville Care Center
600 S. Houston
Taylorville, IL 62568
217.824.9636

Vandalia:

Vandalia Rehab and Healthcare Center
1500 W. St. Louis Ave
Vandalia, IL 62471
618.283.4262

Assisted Living Facilities

Evergreen Place

1015 E. Tyler
Litchfield, IL 62056
217.324.1500
Fax 217.324.6020
www.evergreenslc.com

Emeralde Point (at Greenville Regional Hospital)

105 Honey Locust Ln
Greenville, IL 62246
618.664.6096
www.greenvilleregionalhospital.com

The Glenwood

18192 Renken Rd.
Staunton, IL 62088
618.635.4012

60 S. Dewey St
Greenville, IL 62246
618.664.9012
www.theglenwoodcommunities.com

Tremont Ridge

801 E. Tremont
Hillsboro, IL 62049
217.532.2733

Village at Morse Farms

1050 W. Main
Carlinville, IL 62626
217.854.8142
www.villageatmorsefarm.com

Senior Citizen Services

Area Agency on Aging/Lincolnland Chapter

3100 Montvale Dr
Springfield, IL 62704
217.787.9234

Provides information about a wide range of services and resources for older adults and family caregivers and fund local organizations to provide a variety of services for older adults and family caregivers in a twelve county area.

Carlinville Senior Citizen's Center

213 N. East
Carlinville, IL 62626
217.854.3622

Elder Abuse Hotline

866.800.1409

Golden Circle Nutrition Program

Litchfield: 1100 S. State Street 217.324.9075
Nokomis: 100 N. Spruce Street 217.563.7022
Raymond: Home delivery only 217.526.3621
Witt: Home delivery only 217.324.3032



Illinois Department of Aging

Senior Help line: 800.252.8966
www.state.il.us/aging

Locust Street Resource Center: Program for the Elderly

320 S. Locust St.
Carlinville, IL 62626
217.854.4706

Senior Citizens of Montgomery County

8353 State Route 127
Taylor Springs, IL 62049
217.532.3662

Senior Renewal: Fayette County Hospital

802 N. Eighth Street
Vandalia, IL 62471
618.283.1731

White Oaks Senior Wellness

200 Healthcare Drive
Greenville, IL 62246
618.664.2252

Pregnancy Resources

Elizabeth Ann Seton Program

1128 N. Montgomery

Litchfield, IL 62056

217.725.0868 or 217.757.6025

Provides mentoring, education and practical assistance to pregnant and parenting women.

www.elizabethannseton.com



Loving Arms Crisis Pregnancy Center

1011 N. Webster, PO Box 6216

Taylorville, IL 62568

217.824.7200

Abstinence education, clothing closet and supplies for maternity and infants.

Free on site pregnancy test, parenting classes. Earn while you learn program.

Post abortion support program.

www.lacpc.com

Pregnancy Resource Center (formerly Crisis Pregnancy Center)

623 N. State St

Litchfield, IL 62056

217.324.3373

Provides pregnancy counseling and assistance.

www.hopeforafuture.com

Smoking Cessation Services

Illinois Tobacco Quitline

866.784.8937

www.quityes.org

Stop Smoking...Start Living Class

Prairie Heart Institute

Center for Living Classroom

Springfield, IL

217.544 5483 to register

www.prairieheart.com

American Lung Association

Freedom From Smoking Program/online

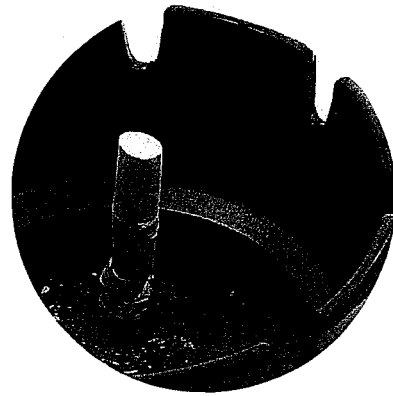
www.ffsonline.org

Freedom From Smoking Group and Individual Class

Hillsboro Area Hospital/RT Department

Call for appointment

217.532.4175



Support Groups

ACTS: Substance Abuse Program

Cornerstone Apostolic Fellowship of Litchfield
812 Historic Old Route 66
Litchfield, IL 62056
217.324.2030

Al-Anon

For families and friends of alcoholics/addicts
217.525.5716
Call for meeting locations and times

Autism Support Group, Montgomery County (in association with the Autism Society of America, Central Illinois Chapter)

Hillsboro Free Methodist Church
1400 Seymour Ave.
Hillsboro, IL 62049
First Thursday of the month, 6:00 pm (child care provided)

Breast Cancer Support Group - Montgomery County

Montgomery County Health Department
Rte. 185, Hillsboro, IL 62049
217.532.2001
Contacts: Alicia Grosenheider 217.324.3171, 217.313.6943; Tina Hagemer
217.563.7238, 217.246.6126; or Ruth Byers 217.227.4561

CAPS: Children of Aging Parents

Evergreen Place, 1015 Tyler, Litchfield, IL 62056
217.324.1500
Call for meeting times
www.caps4caregivers.org

Diabetes Support Group

Montgomery County Health Department
217.532.2100
Last Wednesday of the month, 6:30 pm, no meeting Nov-Dec

Families Anonymous

For recovery from the effects of a loved one's addiction
Hillsboro Methodist Church
537 Rountree, Hillsboro, IL 62049
217.710.1412
Mondays, 6 pm

Grieving Parents Support Group

Hillsboro Free Methodist Church
1400 Seymour Ave, Hillsboro, IL 62049
217.532.2216 (Call for meeting times)

Grief Support Group

Any type of loss

St. John's Hospital

St. Clare Annex near Chapel

Springfield, IL 62769

217.525.5675

Tuesdays, 4:30pm – 6 pm

www.st-johns.org

SHARES

Support group for those experiencing loss of pregnancy, stillbirth, infant

St. John's Hospital, St. Clare Annex near Chapel

Springfield, IL 62769

217.525.5675

First Wednesday of the month, 7 pm

www.st-johns.org

SIDS Support Group

St. John's Hospital, St. Clare Annex near Chapel

Springfield, IL 62769

217.525.5675

Meets 4th Tuesday of each month, 5:30 pm

www.st-johns.org

Survivors of Suicide Support Group (SOS)

St. John's Hospital, St. Clare Annex near Chapel

Springfield, IL 62769

217.525.5675

1st, 2nd and 3rd Tuesdays of the month, 6:45 pm – 8 pm

www.st-johns.org

Weight Loss Assistance

Weight Watchers

www.weightwatchers.com

Calvary Baptist Church
Roundtree and Fairground
Hillsboro, IL 62049
Mondays, 9:30 am

Litchfield Community and Senior Center
1100 S. State St.
Litchfield, IL 62056
Mondays, 5:30 pm

Bond County Senior Center
305 S.3rd St.
Greenville, IL 62246
Tuesdays, 5:30 pm

TOPS: Take Off Pounds Sensibly

www.tops.org

South Side Church
500 S. Illinois
Litchfield, IL 62056
Tuesdays, 6 pm

Litchfield Community Center
1100 S. State Street
Litchfield, IL 62056
Wednesdays, 8:15 am

CATCH Kids Club

Fusion Fitness and Aquatics Center
1210 E. Tremont
Hillsboro, IL 6204
217.532.3896

12-week program targeted at children in grades 3-5 who are at risk of suffering the lifelong side effects of childhood obesity.

www.fusion4life.com



Patient Education Services

Asthma Education Group/Individual

Hillsboro Area Hospital/RT Department

1200 E. Tremont

Hillsboro, IL 62049

Services: Asthma action plan, peak flow meter instruction, aero chamber instruction, inhaler use instruction

Call for appointment

217.532.4175

Contact: Amanda Payne RT

Diabetes Learning Center

Springfield Clinic

1025 South 6th Street, West Building

Springfield, IL 62073

Services: Diabetes self-management training, blood glucose monitoring training, injectable medication training, insulin pump training

217.528.7541, 800.444.7541

Contacts: Denise Stumpf, RN, CDE, or Sarah Tierney, RN, CDE

Diet Education

Hillsboro Area Hospital

1200 E. Tremont

Hillsboro, IL 62049

Services: all aspects of diet education including diabetic, weight management, and low cholesterol

217.532.6266

Contact: Kathy Takacs, RD

Interpreter Services

Pacific Interpreters

Springfield Clinic

800.264.1552 access code 842149