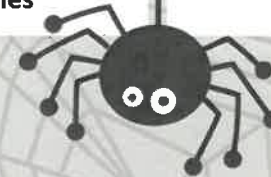


OCTOBER 2023

High School & Junior High

Monday	Tuesday	Wednesday	Thursday	Friday
<u>Cereal and Yogurt</u> Italian Meatloaf Stacker Chicken Tenders Corn/Carrots Fresh Fruit/Pears	2 <u>Mini Pancakes</u> Taco Baked Potato Chips & Salsa Pizza Romaine Salad/Rfrd Beans Fresh Fruit/Peaches	3 <u>Biscuit and Gravy</u> BBQ Pork Sandwich Chicken Tenders Fresh Cucumbers/Peas Fresh Fruit/Mand. Oranges	4 <u>French Toast Stick</u> Pancakes & Sausage Pizza Tater Tots Strawberries/Mixed Fruit	5 No School Teacher Institute
9 No School Columbus Day	10 <u>Mini Donut</u> Salisbury Steak w/roll Chicken Patty Sandwich Mashed Pot & Gravy Fresh Fruit/Peaches	11 <u>Biscuit and Gravy</u> Grilled Chicken Sandwich Mac and Cheese Pizza Celery Stick/Baked Beans Fresh fruit/Mand. Oranges	12 <u>Breakfast Pizza</u> Walking Taco Chicken Patty Sandwich Corn/ Fresh Carrots Fresh Fruit/Mixed Fruit	13 <u>Scrambled Eggs & Toast</u> Ravioli w/ Garlic Toast Pizza Romaine Salad/Green Beans Fresh Fruit/Applesauce
16 <u>Cereal and Yogurt</u> Queso Burger Chicken Tenders French Fries/ Carrots Fresh Fruit/ Peaches	17 <u>French Toast Stick</u> Italian Dunker w/ Sauce Pizza Romaine Salad Fresh Fruit/Pineapple	18 <u>Biscuit and Gravy</u> Popcorn Chicken Bowl Pizza Corn/Fresh Celery Fresh Fruit/Mand. Oranges	19 <u>Pancake on Stick</u> Corn Dog Chicken Tenders Green Beans/Carrots Fresh Fruit/ Peaches	20 <u>Breakfast Combo Bar</u> Chicken Nuggets Pizza Peas/Fresh Vegetable Fresh Fruit/Pears ICE CREAM CUP Pop Tart
23 <u>Cereal and Yogurt</u> Cheeseburger on bun Chicken Patty Sandwich Tater Tots/ Cherry Tomatoes Fresh Fruit/Fruit Cocktail	24 <u>Pancakes</u> Country Fried Steak Pizza Mashed Pot/Ckd Carrots Fresh Fruit/Mand Oranges	25 <u>Biscuit and Gravy</u> Chili w/ Bosco Cheese Stick Chicken Patty Sandwich Celery Sticks Fresh Fruit/Pears	26 <u>Waffle</u> Asian Chicken w/Lo Mein Pizza Broccoli/Carrots Fresh Fruit/Peaches	27 Early Dismissal 11:45
30 <u>Cereal and Yogurt</u> Pork Fritter Sandwich Pizza Corn/Baked Beans Fresh Fruit/Fruit Cocktail	31 <u>Frudel</u> Chicken and Waffle Popcorn Chicken Green Beans/Celery Stick Fresh Fruit/Mand. Oranges			



Breakfast Included: entrée, fruit, fruit juice, and milk

Substitution may occur without notice
Menu may contain; wheat, soy, dairy, peanut