

BREAKFAST Includes:

Fruit and/or Fruit Juice

Milk

LUNCH includes:

Milk

NOVEMBER 2021

High School & Junior High

Breakfast & Lunch

MondayCereal & Yogurt**1**

Pork Fritter
Pizza
Peas
Diced Pears/Applesauce

TuesdayFrudel**2**

Chili Mac Casserole
Spicy Popcorn Chicken
Green Beans
Fresh Apple/Diced Peaches

WednesdayCheese Omelet/Biscuit**3**

Chicken Soft Taco
Pizza
Carrots
Mixed Fruit/Fresh Orange
Cookie

ThursdayMini Cinnamon Rolls**4**

Sloppy Joe on a Bun
Spicy Popcorn Chicken
Baked Beans
Mandarin Oranges/Baked Apples

FridayBreakfast Combo Bar**5**

Baked Potato Bar
Pizza
Tossed Salad
Pineapple Tidbits/Diced Peaches

Cereal & Yogurt**8**

Cowboy Burger
Chicken Tenders
Potato Smiles
Diced Peaches/Mixed Fruit

Mini Pancakes**9**

Taco Stuffed Potato
w/Chips & Salsa
Pizza
Corn
Applesauce/Pineapple Tidbits

Scrambled Eggs & Toast**10**

BBQ Pulled Pork Sandwich
Chicken Tenders
Baked Beans
Fresh Orange/Diced Pears

No School**11**

Veterans Day

Waffle**12**

Biscuit & Gravy w/Sausage Patty
Pizza
Tator Tots
Baked Apples/Mandarin Oranges

Cereal & Yogurt**15**

Asian Popcorn Chicken w/Rice
Pizza
Broccoli
Diced Pears/Pineapple Tidbits

Mini Doughnut**16**

Salisbury Steak w/Roll
Chicken Patty Sandwich
Mashed Potatoes & Gravy
Applesauce/Diced Peaches

Cheese Omelet & Biscuit**17**

Cheesy Beefy Mac Casserole
Pizza
Celery Sticks
Mixed Fruit/Fresh Apple

Breakfast Pizza**18**

Turkey w/Roll
Chicken Patty Sandwich
Mashed Potatoes w/Gravy
Green Beans
Apple Crisp/Diced Pears

Scrambled Egg & Toast**19**

Meatball Sub Sandwich
Pizza
Fresh Carrots
Pineapple Tidbits/Baked Apples

Cereal & Yogurt**22**

Corn Dog
Pizza
Green Beans
Fresh Apple/Mandarin Oranges

Biscuit & Gravy**23**

Chicken Alfredo
w/Bread Stick
Popcorn Chicken
Romain Salad
Mixed Fruit/Pineapple Tidbits

24

No School
Thanksgiving Break

25

No School
Thanksgiving Break

26

No School
Thanksgiving Break

Cereal & Yogurt**29**

Cheeseburger
Chicken Patty
Tator Tots
Applesauce/Fresh Orange

Pancakes**30**

Pancakes w/Sausage Patty
Pizza
Tator Tots
Diced Peaches/Fresh Apple

