

November 2017

Hillsboro CUSD #3

BREAKFAST

We have the right to substitute items without notice.

Breakfast - \$1.50, Reduced \$0.30

Lunch - \$2.65, Reduced \$0.40

This menu may contain peanuts or nut products



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday

Tuesday

Wednesday

Thursday

Friday

This institution is an equal opportunity provider.



Choice of Cereal
Biscuit & Sausage Gravy
Fruit/Fruit Juice
Milk

1

Choice of Cereal
Cinnamon Rolls
Fruit/Fruit Juice
Milk

2

Breakfast Buffet
Manager's Choice
Fruit/Fruit Juice
Milk

3

Choice of Cereal
Frudels
Fruit/Fruit Juice
Milk

6

Choice of Cereal
Scrambled Eggs n' Ham
Fruit/Fruit Juice
Milk

7

Choice of Cereal
Biscuit & Sausage Gravy
Fruit/Fruit Juice
Milk

8

Choice of Cereal
French Toast Sticks
Fruit/Fruit Juice
Milk

9

Not in Attendance
In Observance of
Veteran's Day

10

Choice of Cereal
Mel-o-Cream Doughnuts
Fruit/Fruit Juice
Milk

13

Choice of Cereal
Sausage Biscuit w/ cheese
Fruit/Fruit Juice
Milk

14

Choice of Cereal
Biscuit & Sausage Gravy
Fruit/Fruit Juice
Milk

15

Breakfast Buffet
Manager's Choice
Fruit/Fruit Juice
Milk

16

Choice of Cereal
Cinnamon Rolls
Fruit/Fruit Juice
Milk

17

Choice of Cereal
Breakfast Pizza
Fruit/Fruit Juice
Milk

20

Choice of Cereal
Cinnamon Glazed Toast
Fruit/Fruit Juice
Milk

21

Not in Attendance
Due to
Thanksgiving Break

22

Not in Attendance
In Observance of
Thanksgiving Day

23

Not in Attendance
Due to
Thanksgiving Break

24

Choice of Cereal
Breakfast Wrap
Fruit/Fruit Juice
Milk

27

Choice of Cereal
Mini Sausage Bites
Fruit/Fruit Juice
Milk

28

Choice of Cereal
Biscuit & Sausage Gravy
Fruit/Fruit Juice
Milk

29

Choice of Cereal
French Toast Sticks w/Syrup
Fruit/Fruit Juice
Milk

30

