



**Hillsboro Community
Unit School District #3**

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The Hillsboro Community School District fosters a student-centered culture with high expectations for each student to reach his or her full potential.

Hillsboro CUSD #3 Wellness Policy Board Report

This report is mandated by the State of Illinois as a part of Hillsboro CUSD #3's Wellness Policy, 6:50. If you would like to provide input or offer feedback in regard to our Wellness Policy, please contact David Powell at dpowell@hillsboroschools.net or 532-2942.

Goals for Policy:

1. Students in P-12th grade shall receive nutrition education that is coordinated within a comprehensive health curriculum.
 2. Students in P-12th grade shall participate in daily Physical Education.
 3. Schools shall support parent's efforts to provide a healthy diet and daily physical activity for their children.
 4. Schools shall offer healthy meals following USDA approved guidelines and support healthy eating habits at home.
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- I. *Implementation – All actions for the goals of the wellness policy have been implemented.*
 - II. *Compliance – Hillsboro CUSD #3's Wellness Policy is compliant with all necessary USDA, ISBE, and local mandates.*
 - III. *Compare to Model Wellness Policies – When compared to area Wellness Policies, Hillsboro CUSD #3's is exemplary.*
 - IV. *Progress Toward Attaining Goals – All goals have been met.*