

Life Skills Video Ideas

Brushing teeth (braces); flossing/ mouthwash

Getting ready in the morning (making a routine)

Taking care of Pets

Phonics lessons: beginning sounds
Ending sounds
Vowel sounds
Rhyming words

Money: Counting values
Making change
Add/subtract

Reading facial expressions: Non-verbal communications
Reading expression & body language

Doing laundry

Making the bed

Cleaning the house

Grocery Shopping: Stay within budget
Prepare a grocery list
Compare prices
Paying at checkout

Social Skills: Getting along with peers
Manners
Politeness

Eating Out: Ordering
Reading a menu
Paying the bill

Spending money

Cooking: Utensils
Recipe
Organize ingredients/check expiration dates
Use potholders if needed
Clean up