

February 2017

Hillsboro School District #3

BREAKFAST

We have the right to substitute items without notice.

Breakfast - \$1.50, Reduced \$.30

Lunch - \$2.65, Reduced \$.40

This menu may contain peanuts or nut products



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday

Tuesday

Wednesday

Thursday

Friday



Choice of Cereal **1**
Biscuit & Sausage Gravy
Fruit/Fruit Juice
Milk

Choice of Cereal **2**
Cinnamon Rolls
Fruit/Fruit Juice
Milk

Breakfast Buffet **3**
Manager's Choice
Fruit/Fruit Juice
Milk

Choice of Cereal **6**
Cheese Omelet
Fruit/Fruit Juice
Milk

Choice of Cereal **7**
Breakfast Pizza
Fruit/Fruit Juice
Milk

Choice of Cereal **8**
Biscuit & Sausage Gravy
Fruit/Fruit Juice
Milk

Choice of Cereal **9**
Scrambled Eggs n' Ham
Fruit/Fruit Juice
Milk

Choice of Cereal **10**
French Twist Doughnuts
Fruit/Fruit Juice
Milk

Choice of Cereal **13**
Pancakes w/ Syrup
Fruit/Fruit Juice
Milk

Choice of Cereal **14**
Cinnamon Rolls
Fruit/Fruit Juice
Milk

Choice of Cereal **15**
Biscuit & Sausage Gravy
Fruit/Fruit Juice
Milk

Choice of Cereal **16**
Cheese Omelet
Fruit/Fruit Juice
Milk

Pop Tarts **17**
Fruit/Fruit Juice
Milk

Not in Attendance **20**
In Observance of
President's Day

Choice of Cereal **21**
Mini Sausage Bites
Fruit/Fruit Juice
Milk

Choice of Cereal **22**
Biscuit & Sausage Gravy
Fruit/Fruit Juice
Milk

Choice of Cereal **23**
Sausage Biscuit w/ Cheese
Fruit/Fruit Juice
Milk

Breakfast Buffet **24**
Manager's Choice
Fruit/Fruit Juice
Milk

Choice of Cereal **27**
French Toast
Fruit/Fruit Juice
Milk

Choice of Cereal **28**
Breakfast Pizza
Fruit/Fruit Juice
Milk



This institution is an equal opportunity provider.