April 2017

Hillsboro School District #3

BREAKFAST

We have the right to substitute items without notice. Breakfast - \$1.50, Reduced \$.30 Lunch - \$2.65, Reduced \$.40 *This menu may contain peanuts or nut products*



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



				4 6 P
Monday	Tuesday	Wednesday	Thursday	Friday
Choice of Cereal 3 Breakfast Wrap Fruit/Fruit Juice Milk	Choice of Cereal Cheese Omelet Fruit/Fruit Juice Milk	Choice of Cereal Biscuit & Sausage Gravy Fruit/Fruit Juice Milk	Choice of Cereal 6 Cinnamon Rolls Fruit/Fruit Juice Milk	Breakfast Buffet 7 Manager's Choice Fruit/Fruit Juice Milk
Choice of Cereal 10 Breakfast Pizza Fruit/Fruit Juice Milk	Choice of Cereal 11 Waffles w/ Syrup Fruit/Fruit Juice Milk	Choice of Cereal Biscuit & Sausage Gravy Fruit/Fruit Juice Milk	13 <u>Not in Attendance</u> Due to Easter Break	<u>Not in Attendance</u> Due to Easter Break
<u>Not in Attendance</u> Due to Easter Break	Choice of Cereal French Twist Doughnuts Fruit/Fruit Juice Milk	Choice of Cereal Biscuit & Sausage Gravy Fruit/Fruit Juice Milk	Choice of Cereal 20 Cinnamon Rolls Fruit/Fruit Juice Milk	Choice of Cereal Scrambled Eggs n' Ham Fruit/Fruit Juice Milk
Choice of Cereal 24 Mini Sausage Bites Fruit/Fruit Juice Milk	Choice of Cereal 25 Bacon/Cheese Eggstravaganza Fruit/Fruit Juice Milk	Choice of Cereal Biscuit & Sausage Gravy Fruit/Fruit Juice Milk	Choice of Cereal 27 Breakfast Pizza Fruit/Fruit Juice Milk	Breakfast Buffet Manager's Choice Fruit/Fruit Juice Milk
			This institution is an equal opportunity provider	